

# PARENTING IS A TOUGH JOB

**Free**



**FAMILY FUTURES**

## 8-WEEK Parenting Young Children & Child Development Sessions

Parents learn new skills to help with everyday parenting challenges (new-borns to 6 year olds) while children are supervised in play-based, problem-solving- learning activities.

**SNACKS AND TRANSPORTATION PROVIDED**

### TOPICS:

- Parenting Styles
- Encouragement & Self Esteem
- Encourage Cooperation
- Your Child's Emotional & Social Development
- Understanding your Child and their Behaviour
- Listening & Talking to Your Child
- Effective Discipline & Problem Solving

**Register with your CAS Worker**

PEEL CHILDREN'S AID



**For more information call the Family Education Centre 905-452-0332 x225**

Interpreters available through Peel Children's Aid Society

Attendance information made available upon request



*Family Futures thanks the Government of Ontario for their financial support.*